

Other Important things to Know:

- ▶ We may not be able to help every family who comes through the door because of the complexity of a family's needs, or capacity and resource limitations.
- ▶ We mostly work with families, but in some cases we will serve the youth individually. This is because of a particular youth's needs or the level of engagement of the parent.

FAYS PROGRAM



I wasn't really sure where to go or what to do. I didn't know where to start, so it was nice for the school counselor to say "Here's what I would suggest, and I can help you get started." I am relieved that this program was available to us and the school would assist us." - Parent



Why we're here:

FAYS addresses family conflict and everyday struggles while promoting strong families and youth resilience. We believe that parenting is hard and everyone needs help from time to time, too. We also believe that being a young person has its challenges and is difficult.

For more information visit us at
HelpandHope.org



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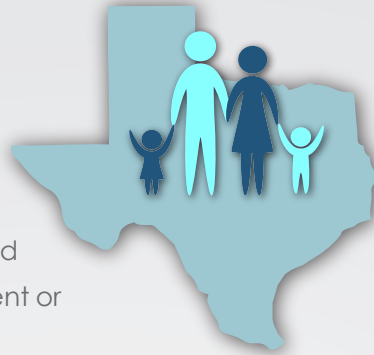


TEXAS
Prevention and
Early Intervention



Who do we serve?

- ✓ Families with children ages 6-17
- ✓ Youth 17 and below
- ✓ Other family members connected to the youth such as a sibling, parent or caregiver
- ✓ Youth ages 0-5 (only available in some communities)



***It made me a better father. The counselor helped me understand a lot more. In fact, I've realized that sometimes I might be the problem."* - FAYS Program Participant**



What's the Need?

The Family and Youth Support (FAYS) program's primary purpose is to serve youth and their families. FAYS often provides guidance and support related to:

- ▶ Depression
- ▶ Anxiety
- ▶ Bullying
- ▶ Drug & Alcohol Abuse by Family Member or Caregiver
- ▶ Grief/Trauma
- ▶ Coping with Divorce or Abandonment
- ▶ Suicidal Tendencies
- ▶ ADHD issues
- ▶ Anger

What does FAYS do?

We use trained professionals to support families and build on their strengths. Our staff is passionate about helping families, knowledgeable about children & youth, and ready to serve communities.

Every FAYS provider offers one-on-one coaching or counseling with a trained professional and group-based learning for youth and parents.

FAYS programs operate a 24-hour hot line for families having urgent needs and have access to an emergency shelter in cases where a youth needs a place to stay.

What FAYS doesn't do:

- ▶ Complex mental health or behavioral health treatment
- ▶ Long-term/multi-year intervention
- ▶ Focus only on crisis intervention/families in crisis
- ▶ Long-term service support
- ▶ Remove or place children

What else?

